**PLEASE NOTE**: It is important to advise parents/guardians that PWCS in no way endorses or recommends provided resources and anything given is for the convenience of PWCS community. Encourage parents & guardians to contact health insurance to ensure coverage. Providers listed are no in particular order

## Ages 14+ only

Milgrim & Associates, P.C.

**Abundant Counseling Solutions** 

Foundations Psychological Services

Life Enrichment Counseling

**Group Therapy Associates** 

Quarternote Counseling (13+)

In Luck Counseling LLC Warrenton VA

Alice A. Jimenez, LLM, MA, LPC Woodbridge, Virginia 22193 (703) 594-4392

#### **Ages 11-19**

**Phoenix Family Counseling** 

Greater Prince William Health Center

**Empowerment Therapy Center** 

Neurofeedback Therapeutic Solutions specializes in trauma

<u>ThriveWorks</u> Please have parent read through website as company charges an enrollment fee then monthly fee:

About Enrollment

A. Lawrence Christian Counseling

Prince William Family Counseling

Woodbridge Therapy Group

Blue Ridge Psychological Center

**Healthy Minds Therapy** 

**Harmony Therapy** 

Psychological and Life Skills Associates

Happy Minds Counseling

Yorvska Salazar Psy.D., LPC, RPT-S

In Good Hands Provider LLC

**Renewing Hearts Family Counseling** 

**Holistic Counseling** 

**Indelible Changes** 

Ardent Counseling LLC & Ardent Multicultural Counseling

Youth for Tomorrow Outpatient Services

Got Your Six Counseling specializes in first responder/military families

S.T.E.P. into Wellness

### **Ages 6-10**

**Phoenix Family Counseling** 

Greater Prince William Health Center

Youth For Tomorrow Outpatient Counseling Services

ThriveWorks Please have parent read through website as company charges an enrollment fee then monthly fee About

**Enrollment** 

A. Lawrence Christian Counseling

**Empowerment Therapy Center** 

**Prince William Family Counseling** 

Blue Ridge Psychological Center (also see ages prior to 6)

**Healthy Minds Therapy** 

**Harmony Therapy** 

Psychological and Life Skills Associates

**Happy Minds Counseling** 

Yorvska Salazar Psy.D., LPC, RPT-S see ages prior to 6

In Good Hands Provider LLC

Renewing Hearts Family Counseling

Apple Tree Counseling LLC see age prior to 6

**Holistic Counseling** 

<u>Indelible Changes</u>

**Ardent Counseling** 

Got Your Six Counseling specializes in first responder/military families

S.T.E.P. into Wellness

## **Multi-Language Counseling Services**

Greater Prince William Health Center Spanish, French, Creole (all ages)

Phoenix Family Counseling Spanish

Yorvska Salazar Psy.D., LPC, RPT-S Spanish (all ages)

Apple Tree Counseling Spanish (all ages)

Ardent Counseling Pre-Licensed Professional- Cantonese, Hokkien and Mandarin (age 14+)

**Quarternote Counseling** Spanish (13+)

In Luck Counseling LLC Spanish ages 14+ Warrenton Va

Healthy Minds Therapy Spanish & Korean- Agency accepts all ages

Tree of Life LLC Spanish, French, Italian, American Sign Language, and some African Languages. (all ages)

Magellan Insurance

Dr. Goldberg Arabic- Mr. Majeed Abu Nimer LCSW 11+ Alexandria Va

Alice A. Jimenez, LLM, MA, LPC Woodbridge, Virginia 22193 (703) 594-4392

French, Portuguese and Spanish ages 14+

## **Tele-Health Therapy information**

## Links for information regarding state regulations of tele-counseling for LCSW/LPC

• Health & Human Services Telehealth Counseling

# Confidentiality concern and questions parents to consider

What platform is the therapist using to practice tele-counseling?

- Note that Face-time; Skype; Whats app etc., are not HIPPA compliant and therefore does not conform for confidentiality standards.
- HIPPA compliant platforms include; Zoom, VSee, and Doxy.me. and others.
  - o Often the website will state if the provider is using a HIPPA complainant platform

# Therapist training?

 While VA does not require specific training in tele-counseling, the parent ought to consider asking the therapist if they have participated in training specific to telecounseling.

### Location

- Tele-Counseling can be provided by any licensed provider who holds a VA state license
- It is encouraged that families pay attention to location of provider if they wish to eventually participate in in-person services.
  - o Unless stated, providers are within Prince William County

#### *Insurance Coverage*

- As stated in the article above, insurance appears to be covering tele-counseling, however it is encouraged that parents still contact their health insurance to ensure tele-counseling is approved and if there are any restrictions.
- Providers listed below accept various health insurances